

JOURNEY FOR SIGHT
ROOSEVELT FARM LANE 5K TRAIL RUN
SCENIC CARRIAGE TRAIL COURSE
BENEFIT FOR THE HYDE PARK LIONS
8:45 AM- SUNDAY- SEPTEMBER 12, 2010



Where? Roosevelt Farm Lane Trail Head Rt. 9 Hyde Park NY
(next to the Hyde Park Steak House and Brewing Co.)

Course: Out and back on the old connector road between FDR Home & Val-Kill Eleanor Roosevelt Cottage. Roosevelt Farm Lane is one of many hiking trails in the historic Town of Hyde Park. The course starts, with a gradual climb through beautiful foliage, over a wood bridge stream crossing, to the Rt. 9G turn around.
www.hydeparkny.us/recreation/trails.

Awards: Given in **all** standard 10-year age groups. M/F under 18,19-29, 30-39, 40-49,50-59,60-69,70 & OVER.

Registration: Starts at 7:30 am. Registration fee is \$20.00. Pre-registration fee is \$15.00. T-shirts for the first 100 pre-registered by 8/31/2010
Make checks payable to **HYDE PARK LIONS**, C/O Alfred D'Auge,
PO Box 58 Hyde Park NY 12538.

Parking: **NO PARKING AT TRAIL HEAD. PARK BEHIND Hyde Park Steak and Brew.**

More info: Call Bill Ring at 229-2120. Or email BRR50@msn.co
REGISTRATION/ENTRY FORM

In consideration of accepting this entry, I, intending to be legally bound for myself, heirs, administrators and executors wave and release any and all rights and claims for damages I may have against the organizers, sponsors and the Hyde Park Lions, National Park Service, their Commissioners, officers, agents, and employees for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have trained sufficiently for this event. I understand that the carriage roads are mainly shale surfaced and moderate in grade and present varying degrees of difficulty, and that they may parallel cliffs, ravines and other natural hazards.

NAME _____ PHONE _____ Sex ___M/F___ Age _____

ADDRESS _____

SIGNATURE _____

Date: _____

Parent if Minor _____