



The Southern Ulster Rotary Club presents:

Registration Form
2010 1ST LT. MARK DOOLEY 5K RACE OF HONOR
Sunday, MARCH 28, 2010

Date/Time: Sunday, March 28, 9:30 AM (Rain or Shine). All Runners Requested to check in by 9:00 AM. Walkers welcome . Walkers begin at 8:30AM, Check in by 8:00 AM

Location: Plattekill Firehouse - Firehouse Road off Rte 32 in Plattekill. (8 miles north of Newburgh - 7 miles south of New Paltz)

Fee: Pre-Register by March 21ST - \$17.00 Day of Race -\$20.00

Send Check and Entry to: Southern Ulster Rotary Club, P0 Box 839, Plattekill, NY 12568

Fee includes Breakfast at the Firehouse and all pre-registrants will receive a Race T-shirt (Limited quantities day of race)

Course Info: 3.1 Miles (1 & 2 mile water points & time splits) Age Groups: Runners: 12 & Under, 13-15,16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

Walkers: 19 & Under, 20-39, 40-59, 60 and over.

Awards: Top three (3) male and female finishers in each age group receive awards. PLEASE NO DOGS AT THIS EVENT.

Please fill out registration form completely. If information is missing and we have no way to contact you, you will need to re-register on the day of the race. In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators and assigns waive and release any and all claims for damages I may have against the sponsors, Southern Ulster Rotary Club, the Town of Plattekill, the Plattekill Fire Dept, the Plattekill Rod & Gun Club, race officials, their representatives, successors and assigns, arising but of any and all injuries suffered by me while participating in the race/walk. I attest and verify that I am physically fit and have trained for the completion of the race and my physical condition has been verified by a licensed medical doctor.

Signature: \_\_\_\_\_ Parent (If under 18) \_\_\_\_\_

Print Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sex: \_\_\_\_\_ Age on Race day: \_\_\_\_\_ DOB: \_\_\_\_\_

Contact in Emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

Race T-shirt Size: S- M-L-XL (circle one)

Race Pre-Registration \$ 17.00

Day of Race Registration \$ 20.00

Total Payment Enclosed \$ \_\_\_\_\_ Walk or Run (circle one)

For More Info: Bob Earl @ 883-5563, Chris Dawes @ 883-5913, Jim Kiley @ 883-5000 or Sue Surprise @ 883-6700

www.southernulsterrotary.org

If you, your business or your family would like to make a Donation, please fill out below and make donation check payable to Southern Ulster Rotary and mail to:

SOUTHERN ULSTER ROTARY, P.O. BOX 839, PLATTEKILL, NY 12568

YOUR NAME \_\_\_\_\_ DONATION AMT \_\_\_\_\_

THANK YOU

THE SOUTHERN ULSTER ROTARY CLUB