

SATURDAY, JUNE 24, 2017

**1ST ANNUAL
DCH YOUTH SPORTS
5K RUN &
KIDS' 1 MILE FUN RUN**



LOCATION:

DUTCHESS COUNTY RAIL TRAIL

**At the VAN WYCK TRAILHEAD Parking Lot
(Between RT 376 & Lake Walton RD)**

**RESTRICTIONS: PLEASE NO Rollerblades, skateboards, bikes, dogs, headphones,
baby/jogging strollers**

REGISTER ONLINE HERE: <https://bit.ly/2017DCH5K>

OR MAIL THIS REGISTRATION TO:

DCH Sports, 14 Wright Boulevard, Hopewell Junction, NY 12533

Please print clearly

Name: _____
Date of Birth: ___/___/___ Age: ___ Circle Race: 5K Kids 1 Mile Run
T-Shirt Size: Youth L/ Adult S / Adult M / Adult L/ Adult XL
Gender: M F Phone: () - _____
Address: _____
City: _____ State: _____ Zip: _____
E-Mail _____

I know that running and road racing are potentially hazardous activities. I will not enter this race unless I am medically able and properly trained. I assume all risks associated with this event, including but not limited to, falls, contact with other participants, the effects of the weather including low temperature and/or precipitation, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, in consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the DCH Sports Inc. Organization, its sponsors, Race Director, and their agents, employees representatives, successors, and assigns, from any and all liabilities, claims, demands, and causes of action whatsoever arising directly or indirectly from my participation in this event. I also release my rights of any photos, videos, images, etc. taken of me during this event.

Signature: _____

(PARENT'S SIGNATURE IF UNDER 18)

**RACE CHIP TIMED BY
SUPER RACE SYSTEMS**

**RAIN OR SHINE:
KIDS' 1 MILE
FUN RUN – 8:30AM
5K RUN – 9:00AM**

***Pre-Register By
JUNE 18, 2017 to guarantee your
free t-shirt***

**Pre-Registration RACE FEE
DEADLINE is June 22, 2017:
5K Run -- \$20 / Kids' Run -- \$10**

**Race Day Registration
begins at 7:30 AM**

***(Cash Only)*
5K Run -- \$25 / Kids' Run -- \$10**

**Awards
Separate Men & Women
Up to 18, 19-29, 30-39, 40-49,
50-59, 60-69, 70+**

**Kids Awards
6-10, 5 and under**

GREAT COURSE FOR BEGINNERS!

***ALL PROCEEDS TO BENEFIT
DCH YOUTH SPORTS***

***DCH YOUTH SPORTS IS A NON-PROFIT,
FAITH-BASED ORGANIZATION
SERVING THE YOUTH OF THE HUDSON
VALLEY SINCE 2010***

***FOR MORE INFORMATION, CONTACT
TRICIA CROKE AT
DCHYOUTHSPORTS@GMAIL.COM***

OR VISIT US AT DCHSPORTS.ORG

***In Loving Memory of:
Anne P. Hand & Ken Croke Sr.***