



## DEPARTMENT OF PARKS, RECREATION AND CONSERVATION

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**Christopher Viebrock**  
*Acting Commissioner*

**Michael F. Amodio**  
*Deputy Commissioner*

News Release - For immediate release.

For further information, please contact Tom Quinlisk  
at (845) 457-4910, or, [TQuinlisk@orangecountygov.com](mailto:TQuinlisk@orangecountygov.com)

The 34<sup>th</sup> Annual Orange County Senior Games will offer its ***Wheezers & Geezers 4-Mile Race*** on Wednesday, September 13. The race will be held at Chadwick Lake Park in the Town of Newburgh on a well-groomed, hard-packed trail circling the lake.

Runners will compete in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84 and 85+. Gold, silver and bronze Olympic-style medallions will be awarded to the top finishers in each age group, men and women divisions. The top (5) men and women walkers will also receive medallions. Trophies will be awarded to the overall (running) winners – male and female.

Check-in for all participants is 5:00 p.m. The race begins at 5:30 p.m. Pre-registration is suggested but same-day registration is available.

Sandwich wraps and other refreshments will be provided courtesy of ShopRite. Each participant will receive a Senior Games t-shirt and be eligible to compete in other Senior Games events and activities offered everyday up to September 17.

To receive a race application, please contact Tom Quinlisk at the Orange County Department of Parks at (845) 457-4910, or, [TQuinlisk@orangecountygov.com](mailto:TQuinlisk@orangecountygov.com)

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