

MID-HUDSON ROAD RUNNERS CLUB

# Joseph McDonald Bill Crusie 42nd Annual Memorial Runs



Pete Sanfilippo  
Race Founder

SATURDAY  
JUNE 1, 2019



Kid's 1 MILE  
8:05 AM



5 K  
8:00 AM



10 K  
8:45 AM

**LOCATION:** Mesier Park, Village of Wappingers , NY. Park at Zion Church  
**RACE DAY REGISTRATION:** Opens at 7:30am  
**PRE-REGISTRATION:** Deadline May 30, 2019

**AWARDS**

**WOMEN**

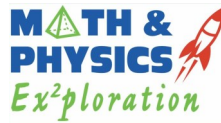
Up to 18, 19-29, 30-39,  
40-49, 50-59, 60-69, 70+

**MEN**

Up to 18, 19-29, 30-39,  
40-49, 50-59, 60-69, 70+

**KIDS**

Up to 7, 8-10, 11-13



**LIMAR**

Landscape Management, Inc.



**RACE FEES**

**MEMBERS**

\$18 Online Pre-Registration

\$20 Mailed Registration

\$25 Race Day Registration

Kids pre-registered online are free

Kids day of race \$10

**NON-MEMBERS**

\$20 Online & Mailed Pre-Registration

\$25 Race Day Registration

*Please, no walkers, wheelchairs, roller blades,  
baby strollers, dogs, or headphones*



REGISTRATION

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Age: \_\_\_\_ At Date of Race

Race: (Circle One): 5k 10k Kids 1 Mile

T-Shirt: Sm Med Lg XL

Gender: M F Phone: ( \_\_\_\_ ) \_\_\_\_ - \_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_

I know that running and road racing are potentially hazardous activities. I will not enter this race unless I am medically able and properly trained. I assume all risks associated with this event, including but not limited to, falls, contact with other participants, the effects of the weather including low temperature and/or precipitation, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, in consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the Mid-Hudson Road Runners Club, Village of Wappingers, Town of Poughkeepsie, sponsors, Race Director, and their agents, employees representatives, successors, and assigns, from any and all liabilities, claims, demands, and causes of action whatsoever arising directly or indirectly from my participation in this event. I also release my rights to any photos, videos, images, etc. taken of me during this event.

Signature: \_\_\_\_\_  
Parent's signature if under 18

Make checks payable to Mid-Hudson Road Runners Club. Mail to Mark Sanfilippo, 54 Broad St., Fishkill, NY 12524  
For more information, Contact Mark Sanfilippo at [marks@limarlandscape.com](mailto:marks@limarlandscape.com)