

MHRRC 2018 Preliminary Race and Practice Schedule (subject to change)

<i>Date</i>	<i>Race</i>	<i>Distance</i>	<i>Time</i>	<i>Place</i>	<i>Race Director</i>
Jan 6 Saturday	Recover from the Holidays 50K	50 K	9:00 am	Norrie Point	Pete Colaizzo (845 309-3640) runhed246@hotmail.com CANCELLED
Mar 11 Sunday	Ed Erichson Memorial Races	5 Mile 10 mile	9:00 am 9:15 am	LaGrange Town Hall, LaGrangeville	Linda Stow (462-7290) lstow1@gmail.com
April 24– September 11	Track Practices	See web site for workouts	6:00 pm	Union Vale MS Track	AJ Guckian, ajguckian@gmail.com
April 28 Saturday	Miles of Hope Breast Cancer Family Fun Run	Kids 1 mi 5K walk/run	10:00 am 10:30 am	Tymor Park, 249 Duncan Road, Lagrangeville	Lori Decker (635-1044) lorirun4@hotmail.com
May 13 Sunday	Wa Wa Wally Waddle 5K	1 Mile kids 5K run/walk	9:00 am 9:30 am	Vassar Farms	Josh Perks, yoshason@gmail.com
May 19 Saturday	Women's Run	5K 10K	8:10 am 8:00 am	Dutchess Rail Trail	Polly Sparling, pts4257@aol.com
June 2 Saturday	Joseph McDonald/Bill Crusie Runs	5K runners Kids 1 Mile 10K	8:00 am 8:05 am 8:45 am	Mesier Park, Wappingers	Mark Sanfilippo marks@limarlandscape.com
June 9 Saturday	Run for Heroes	5K / Ruck 10K / Ruck Kids 1 Mile	8:00 am 8:00 am 7:30 am	Dutchess Rail Trail (Gold's Gym)	Keith Axelrod (914) 456-0708, adgroupman@aol.com
June 29 July 6, 13, 20 Fridays	Summer Track Series	100M- 3200M	6:15 pm	Arlington High School	Tom Storey (845) 453-6316 thomascstorey@yahoo.com
Sep 16 Sunday	Dutchess County Classic	Kids 1 mile 5K 1/2 Marathon	8:00 am 8:30 am 8:30 am	TBD	Keith Axelrod (914) 456-0708, adgroupman@aol.com
Sep 29 Saturday	Schlathaus Park Run	Kids 1 mile 5K	10:00 am 10:30 am	Schlathaus Park, Wappingers	Linda Stow (462-7290) lstow1@gmail.com

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Oct 7 Sunday	Newburgh Beacon Bridge Run	5 Miles	11:00 am	Beacon Train Stations; last bus leaves 10 am.	Bill Rosenberg and Rebecca Withers (845) 325-7537 rjwithers213@aol.com
Oct 28 Sunday	Billy Goat Trail Run	Kids fun run 5K	10:00 am 10:30 am	James Baird State Park, LaGrangeville	Tom Storey thomascstorey@yahoo.com
Nov 22 Thursday	Turkey Trot	25K 1 Mile kids 5 Mile run 2 Mile fun run	8:30 am 8:45 am 9:15 am 9:25 am	Arlington High School, LaGrangeville	Andrew Guckian ajguckian@gmail.com
Dec 1 Saturday	Pete Sanfilippo Holiday Run	Kids 1 mile 5 mile	10:00 am 10:30 am	Knights of Columbus Hall, Wappingers	Mike Slinsky Runfast610@gmail.com Mark Sanfilippo marks@limarlandscape.com