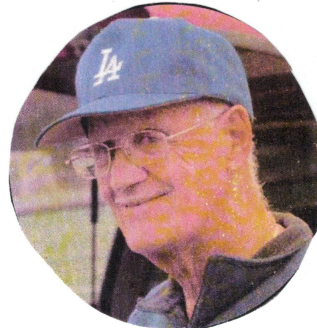


MID-HUDSON ROAD RUNNERS CLUB

Pete Sanfilippo
39th HolidayRun
5 Mile & Kid's 1 Mile



SATURDAY
December 1, 2018

Kid's 1 MILE
9:30 AM

5 Mile
10:15 AM

LOCATION Knights of Columbus in Village of Wappingers , NY.
RACE DAY REGISTRATION Opens at 8:00 am
PRE-REGISTRATION Deadline November 29, 2018

AWARDS

WOMEN

Up to 18, 19-29, 30-39,
40-49, 50-59, 60-69, 70+

MEN

Up to 18, 19-29, 30-39,
40-49, 50-59, 60-69, 70+

KIDS

Up to 4, 5-7, 8-10, 11-13



LIMAR
Landscape Management, Inc.



RACE FEES

MEMBERS

\$18 Online Pre-Registration

\$20 Mailed Registration

\$25 Race Day Registration

Kids pre-registered online are free

Kids day of race \$10

NON-MEMBERS

\$20 Online & Mailed Pre-Registration

\$25 Race Day Registration

Please, no walkers, wheelchairs, roller blades,
baby strollers, dogs, or headphones



REGISTRATION

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Race: 5 Mile T-Shirt: S M L

Gender: M F Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_

I know that running and road racing are potentially hazardous activities. I will not enter this race unless I am medically able and properly trained. I assume all risks associated with this event, including but not limited to, falls, contact with other participants, the effects of the weather including low temperature and/or precipitation, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, in consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the Mid-Hudson Road Runners Club, Village of Wappingers, Town of Poughkeepsie, Knights of Columbus, sponsors, Race Director, and their agents, employees representatives, successors, and assigns, from any and all liabilities, claims, demands, and causes of action whatsoever arising directly or indirectly from my participation in this event. I also release my rights to any photos, videos, images, etc. taken of me during this event.

Signature: \_\_\_\_\_
Parent's signature if under 18

Make checks payable to Mid-Hudson Road Runners . Mail to Mike Slinsky, PO Box 412, Hopewell Jct, NY 12524
For more information, Contact Mike Slinsky at runfast610@gmail.com